

## ***Hard Knock Life: Information Sheet for 6-9-year olds***

*We are asking you whether you would like to take part in a research study.*

*Before you decide if you'd like to take part, it's really important you know what the study is about, why the study is being done, and what it means to take part. Please read this leaflet carefully with your family.*

*If something doesn't make sense or you have any questions you can ask your parents to get in touch with us and we can discuss it.*

*Thanks for reading this.*

### **INFORMATION SHEET**

#### **What is research? Why is this project being done?**

Research is a way of trying to find out the answers to questions. This research is being done to look at sport and what happens when people who play sport get hurt.

Sometimes people who play sport get a bump on the head. We want to know what you think about bumps on the head and would like to ask you some questions about it.

Keeping sport fun and safe is really important to your coaches and family. That is why Greg is speaking to your family and coaches as well as you.



#### **Why have I been asked to take part?**

You've been asked to take part because you enjoy playing sport!

#### **Did anyone else check that the research is okay to do?**

Before any research is allowed to go ahead it has to be checked by a group of people to make sure that the research is fair.



#### **Do I have to take part?**

No, you don't. It is your choice whether you want to take part and you can always change your mind.

### What will happen if I choose to take part?

Greg will ask you some questions about sport and bumps to the head. There will be lots of time for you to talk about what you like best about sport! Greg will record our chat so we can remember exactly what you said and can think about it later.

### Will anything about the research upset me?

Nothing about the research should upset you but you can always stop if you want to.

### Will taking part help me?

The study will not help you right now but it will help us understand more about sport and bumps to the head.



### What happens when the research stops?

The research will be talked about and written down but no one will know that you took part.



### Will my information be kept private? Will anyone know I'm taking part?

All your information will be kept private. Only your parents will know you took part.

### What happens if I don't want to take part in the research anymore?

Just tell your parents and the researchers that you don't want to take part anymore. You don't have to give any reason. **It is your choice.**

### Contact for further information

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