

Child to Parent Abuse

Practitioner Forum 15th July 2014

Sally Fawcett

'Doing It Differently'

Past Present Future

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Simon Roe
Sarah Henry

PAST – The Journey

- 2009 - Identified the 'gap'
- Developing a targeted intervention
- Pilot 2009 – 'Do It Different'
- Development and Evaluation
- Awareness Raising
- Embedded in Practice
- On-going support for Mums
- Practitioner Forum
- Troubled Families Programme
- Domestic Abuse Strategy

'Do It Different'

Teen to Parent Abuse Group work Programme

Youth Offending
Team

Safe At Home

Troubled Families
Programme

Rosalie Ryrie
Foundation

'Do It Different'

- A parallel group-work programme working with young people and their parent/carer around issues of domestic abuse.
- Restorative approach
- Specifically targeting adolescent young men perpetrating domestic abuse towards their mother/female carer.
- Designed for young people and their parent/carer to identify there is an issue and work for change.
- Multi-agency
- Drama based

AIM

- Reducing Teenage to Parent Violence
- Reduce violent offending and domestic abuse
- Creating positive interpersonal relationships

'Do It Different'

DRAMA

Meet Simon Roe
Safe At Home

Programme Content

Young Men

- Ground rules
- Hopes and Fears
- Check-In
- Cycle of Change
- Anger and Triggers
- Understanding Emotions
- Coping Strategies
- Consequences
- Choices
- Self Awareness
- Safety Plans
- Abuse/Respect Wheel
- Relationships
- Male Socialisation
- Attitudes
- Challenging beliefs and attitudes
- Changing behaviours
- Responsibilities
- Skills and strategies
- Communication and Negotiation skills
- Joint session/s with parents

Programme Content

Parents

- Understanding the difference between normal and abusive teenage behaviours
- Check-In
- Safety Planning
- Time Out
- Cycle of Change
- Raising Self Awareness
- Parental Empowerment
- Challenging attitudes and beliefs
- Abuse/Respect Wheels
- Understanding Emotions
- Coping Strategies
- Conflict de-escalation
- Skills and Self Talk
- Responsibilities
- Parenting styles
- Communication skills
- Self Care
- Peer Support
- Healthy relationships
- Mindfulness
- Joint session/s – restorative approach

Referral Sources

- Youth Offending Team
- Liaison & Diversion Team
- Troubled Families Programme
- Targeted Youth Support
- Schools
- Family Services
- Domestic Abuse Services (Public and Voluntary Sector)
- CAMHS/GP's
- Self Referrals
- Returned

Characteristics

Young Men

- Witnessed Domestic Abuse
- School issues
- NEET
- Behavioural issues
- Substance/Alcohol use
- Emotional Mental Health
- Bereavement/Loss
- Attachment
- Victim of Abuse
- Social Services
- Involved in offending
- Victim of Bullying

Parent

- Experienced Domestic Violence
- Emotional Mental health issues
- Both single and Married parent
- Employed and unemployed
- Alcohol issues
- Childhood abuse

Present – ‘Do It Different’

‘Do It Different’

Meet Sarah Henry

Wakefield Youth Offending Team

Present – ‘Do It Different’

- Lessons learned
- Increased Support
- Wider partnership working
- Timely response
- 2014 cohort

Changes 2014 Cohort

- Transport
- Support
- Post session debrief
- Food
- Role of referrer

2014 Cohort

- April to July 2014
- Wakefield RLFC & Community Centre
- 19 referrals
- 11 places offered – 8 unsuitable or declined
- 11 young men attended
- Parents attendance
- Feedback from families

Future – ‘Doing It Differently’

- Do It Different – Exit Strategies
- Volunteers
- Domestic Abuse Strategy
- Delivering across the District
- Integrated Area Teams
- ‘Do It Different 4 girls’
- Early Years
- Schools

'WE DID IT'

Any questions?

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